



PUO EA MOHLOMPHEHI TONA-KHOLO, DR. MOEKETSI MAJORO
MABAPI LE BOEMO BA COVID-19 LE MEHATO EA TAOLO E
LOKELANG HO NKUOA NAKONG EA HAJOALE
KA HAR'A NAHA
20 PHATO 2020

1. SELELEKELA

Ke isa hlompheho ho:

- Motlotlehi, Khosi Letsie la Boraro;
- Motsamaisi oa Ntlo-ea-Senate;
- Motsamaisi oa Ntlo-ea-Bakhethoa-ba-Sechaba;
- Ea tšoereng molepo e le Moahloli-e-Moholo;
- Matlo a mabeli a ketsa molao, Masenate le Bakhethoa ba Sechaba;
- Matona a 'Muso oa Motlotlehi; le
- Bohle ba lokeloang ke hlompheho le Sechaba ka kakaretso.

Sechaba sa heso,

Ke boela ke hlaha kapele ho lona kajeno ho lefa boemo boo seoa sa kokoana-hloko ea corona (COVID-19) se leng ho bona ka hare ho naha ea habo rona ha hajoale, ekasitana le ntlafatso ea *Semetho sa ho Lepa Tlokotsi ea Tšoaetso le Mehato ea Boipaballo* (Risk Determination & Mitigation Framework) eo 'Muso oa Lesotho, ka mor'a karolelano ea maikutlo le mekhahlelo e fapaneng ea boemeli ba sechaba le litsi tse fapaneng mmoho le litsibi, o ikelelitseng ho e latela mabapi le taolo le toantšo ea seoa sena.

Ke le hopotse hore khoeling ea ho feta, ka la 17 Phupu, ke ile ka teka kapele ho lona ka sehlohong, lintlha tse latelang:

- i. Boemo ba lipalo-palo (statistics) tsa tšoaetso ea COVID-19 ka hare ho naha ka nako eo;
- ii. *Semetho sa ho Lepa Tlokotsi ea Tšoaetso le Mehato ea Boipaballo* (Risk Determination & Mitigation Framework) se tlang ho sebelisoa ho tataisa liqeto tsa 'Muso malebana le taolo le toantšo ea seoa sena ka mekhahlelo ena:- **Botala** (Low Cases Stage), **Boputsoa** (Sporadic Cases Stage), **Bophere** (Clustering Infections Stage), **Bosehla ba lamunu**(Low Community Transmission Stage) le **Bokhubelu**(High Community Transmission Stage);
- iii. Melao le melaoana ea lipehelo tsa *mehato ea boipaballo* le ho khinoa hoa tse ling tsa likhoebo le litšebeletso mokhahlelong ka mong oa *tlokotsi ea tšoaetso* (Health Regulations); le
- iv. Seo lipalo-palo tsa nako eo se li sibollotseng ka sekala sa tšoaetso mou **R0=2.04**, mme e beha naha mokhahlelong oa 'Mala-oa-Lamunu (Low Community Transmission Stage) oa boipaballo.

Ha hajoale re qeta khoeli ho tloha nakong eo ke neng ke le tekela maemo le mehato ena eo ke qetang ho le hopotsa eona. Sena se bolela hore ha hajoale, re ithutile mme re boemong ba ho ka etsa papiso ea boemo le setšoantšo ka kokoana-hloko ena ka har'a naha nakong ea ho tloha ha 'Muso o nka likhato tsa leano le totobetseng la taolo le toantšo ea seoa sena sa COVID-19.

2. LIPALO-PALO TSA MORAO-RAO

Basotho ba khabane,

Re tla hlokomela hore ho tloha ka la 17 Phupu ha re bapisa le ho fihlela maobane ka la 19 Phato, re le naha rena le kakaretso ea lipalo-palo tsa COVID-19 **tse netefalitsoeng** ke Lekala la Bophelo, tse emeng tjena:

i. Lipalo

	19/Phato	16/Phupu	Phapang	%	Liqholotso
1. Kakaretso ea litlhahlobo	12, 682	7, 432	5, 250	-	sekhahla sa lihlahlobo se tlaase
2. Tse bileng le tšoaetso	996	359	637	12.13	sephetho se liehang ho tsoa
3. Ba folileng	472	69	403	63.67	sephetho se liehang ho tsoa
4. Ba hlokahetseng	30	6	24	3.78	bafu ba sa hlahlojoang

Basotho ba heso,

Lipalo-palo tsena li bontša sekahla sa tšoaetsano le tšoaetso se phahama ka hofetisisa seterekeng sa Maseru mou ha hajoale se nang le litšoaetso tse etsang 46%, mme se fetohile lephaka-tlali la tšoaetso (Epi-centre), ha sa Thaba-Tseka se le ka tlase-tlase ka 2%. Li re fa hore basali ke bona ba lipalo li holimo tsa tšoaetso ka 60% khahlano le banna ka 40%. Ha li boetse li hlaisa hore tšoaetso e holimo haholo ho batho ba lilemong tse mahareng a 21 ho isa ho 50. Litsi tsa bophelo li bonahala li bile le litšoaetso tse phahameng, haholo ho Baoki ba lateloa ke Lingaka. Ntlheng ea hofola hoa bakuli li bontša ha Maseru e ntse e le holimo hofeta litereke tse ling ka lipalo tsa 148 ho kakaretso ea naha ea 472. Ha ntlheng ea bakuli ba hlokahalang le teng Maseru e ntse e le holimo ka hofetisisa ka lipalo tsa 14 ho kakaretso ea naha ea mafu a 30.

ii. Liqholotso

Sechaba sa heso,

Nakong ena ea tšebetso e boimahali eo re tobaneng le eona, re thulana le liqholotso ka ho fapana hoa tsona mme ke tumelo eaka hore hooa lokeleha ho lokolisa tse ka sehlohong tsa tsona molemong oa kutlisiso ea sechaba sa habo rona:

- a) Le ha re ntse re hlahloba le ho ntša lipalo-palo tse ntseng li eketseha tsa tšoaetso re na le qholotso ea ho akofisa lihlahlobo le sepheto sa tsona;
- b) Re boetse re na le khaello Lefapheng la Bophelo (Health System) ho araba kapele, litaba tse amanang le COVID-19; le
- c) Mathata a bakiloeng ke ho khinoa hoa litšebeletso le likhoebo ka ho fapana hoa tsona ka hare ho Sechaba ha re kenya tšebetsong mehato ea boipaballo.

iii. Likatleho

- a) Re motlotlo re le puso ka litsibi tse nang le boiphihlelo tse teng ka hara NACOSEC le Lekala la Bophelo mmoho le tsela eo ba sebetsanang le ho laola le ho lontša kholumo-lumo ena. Mme re le puso re sebetsa ka matla ho ba thusa ho rarolla liqholotso tseo ba teanang le tsona;
- b) Re motlotlo hape ka ho kenya letsoho hoa borakhoebo toantšong ea kokoana-hloko ena, re ka qolla tšehetso ea mechini e hlahlobang eo re e filoeng ke MGC. Mechini ena e thusitse naha ho atolosa sekahla sa eona sa lihlahlobo, le ha se ntse se so fihle mou ho hlokahalang, e leng lona leoa la bohlokoa ho ka tseba ho fumana ka pele ba nang le tšoaetso e le ho ba isa kalofong le ho ba qobisa ho namisa sekahla sa tšoaetso eo; le
- c) Re atlehile ho kopana le boemeli ba Sechaba le litsi, mekhahlelo ka ho fapana, ho ba nonya maikutlo mabapi le maoala a ka kenngoang tšebetsong ho matlafatsa le ho akofisa thibelo ea ho nama hoa kokoana-hloko ena libakeng le litsiketsing tsa tšoaetso. Ke likopano tsena tse tsoetseng, ntlafatso ea lipehelo holima *Semetho sa ho Lepa Tlokotsi ea Tšoaetso le Mehato ea Boipaballo* (Risk Determination & Mitigation Framework). Lekhotla la Matona le amohetse le ho tiisa lintlafatso tsena ka ha li matlafalitse mehato ea boipaballo khahlano le tšaoetsano le ho nama hoa kokoana-hloko ena ha li bile li fana hape ka menyetla e eketsehileng ea ho tseba ho iphelisa tlasa boipaballo bona.

3. BOEMO BA HAJOALE BA TLOKOTSI LE METHATI E NKUOENG EA BOIPABALLO

Sechaba sa heso,

Ho fihlela kajeno ke liteko (tests) tse likete tse leshome le metso e 'meli, makholo a tšeletseng le mashome a robeli a metso e 'meli (**12 682**), tse entsoeng tseo ho tsona tse makholo a robong, mashome a robong le metso e tšeletseng (**996**) li netefalitsoeng li ena le tšoaetšo ea COVID-19. Litlaleho li boetse li bontša hore rele naha rena le bafu ba mashome a mararo (30) a netefalitsoeng a amahanngoa le tšoaetso ea kokoana-hloko ena. Ke kopa ho nka monyetla ona ho tšelisa Motlotlehi, malapa a anngoeng ke tahlehelo ena le Basotho ka kakaretso.

Basotho baheso,

Ha hajoale ho latela lipalo-palo tsa COVID-19 tse netefalitsoeng (tested and confirmed), sekala sa tšoaetso se thehile ho tloha boemong ba **R0=2.04** beo re neng re le ho bona ho tloha ka la 17 Phupu, mme se theohetse ho **R0=1.27** re ipapisa le lipalo-palo tsa maobane la 19 Phato. Mme ha re ipapisa le sekala sena se le seng feela se beha naha tlokotsing le mehatong ea boipaballo e **Maleng o Moputsoa** (Sporadic Cases Stage) ho tloha ho oo re ntseng re behile naha tlasa boipaballo ba ona oa **Lamunu** (Low Community Transmission Stage).

Le ha hole joalo re fumane boeletsi ba litsibi tsa litaba tsa bophelo maemong a taolo le toantšo ea kokoana-hloko ea COVID-19 (Epidemiologists), hore ha ho ea lekana ho sebelisa e le 'ngoe **R0** feela e

le sekala sa boemo tlokotsi e tlišoang ke kokoana-hloko ena le mehato ea ho ipaballa. Re lokela ho tlatseletsa **R0** ka lintla tse ling tse hlokolosi ho matlafatsa sekala sa rona. Lintlha tsena li kenyeletsa boitokiso ba Lefapha la Bophelo (Health System) hammoho le tiiso ea bophelo bo botle ba sechaba (Public Health Surveillance). Lekhotla la Matona ka mora ho kenyeletsa lintlha tsena tsa bohlokoa ho sekala sa tšoaetso sa ha hajoale sa **R0=1.27** le fumane le ho etsa qeto ea ho theolela naha boemong ba tlokotsi le mehato ea boipaballo ho **Maleng o Pherese** (Clustering Infections Stage) ho ena le o **Moputsoa** (Sporadic Cases Stage). Sena se tlišoa ke ho eelloa hore le ha sekala sa tšoaetsano se theohile empa re ntse re le boemong ba tlokotsi ea seoa ka ha tšoaetso eona e ntse e phahame le ho eketseha, mme le naha ha e so be boemong bo hlophehileng ho lekana ho hlola ho nama hoa tšoaetso.

Sechaba sa heso,

Ke ipapisitse le boelets'i ba litsibi mmoho le liqeto tsena tsa Lekhotla la Matona, ke le phatlalletsa mona hore re beha naha ea habo rona tlasa boemo ba tlokotsi le mehato ea boipaballo **Maleng o Pherese** (Clustering Infections Stage), ho tloha ka Mantaha oa la 24 Phato 2020.

Ke boetse ke le hopotse hore re ntlafalitse *Semetho sa ho Lepa Tlokotsi ea Tšoaetso le Mehato ea Boipaballo* (Risk Determination & Mitigation Framework). Ka hona mehato ea boipaballo eo re tlo ba tlasa eona e tloba e ntlafalitsoeng. Ntlafatso ena ka sehlohong e kenyeletsa lipehelo tsa polokeho tse bobefetseng ka tsela e latelang:

1. Ho buloa hoa litsi tsa thuto e phahameng ho ipapisitsoe le lipehelo tsa boipaballo tse lokelang;
2. Ho buloa ha likolo tsa mathomo le tse bohareng ho baithuti ba Lihlopha tsa Bosupa (Std 7), Leshome (Form C) le Leshome-le-Metso-e-Meli (Form E/Matric) feela ho ipapisitsoe le lipehelo tsa boipaballo tse lokelang;
3. Ho buloa hoa Likereke ho ipapisitsoe le likhothaletso tsa WHO, mme ho tla kerekeng batho ba 50 litšebeletsong tse kenelang ka kerekeng ha eba ba 100 ho litšebeletsong tse tšoareloang kantle. Ho be ho hloekisoa (disinfect) ka mora tšebeletso e 'ngoe le e 'ngoe;
4. Ho atolosoa ho laeloa ha makoloi a baeti ka ho feletseng (full-capacity) ho ikamahantsoe le lipehelo tsa paballeho tsa bophelo khahlano le COVID-19;
5. Ho buloa hoa lisalune (saloons) ho ikamahantsoe le lipehelo tsa paballeho tsa bophelo khahlano le COVID-19, mme batho ba fua tšebeletso ka '*appointment*' ho qoba tšubuhlellano le menyetla ea tšoaetsano;
6. Ho buloa hoa matlo a lijo ho tloha hoseng hoa 08:00 ho isa mantsiboea a 08:00, mme ha ho luloe, empa hoa rekoa ho ilo jelloa hae;
7. Ho buloa hoa thekiso ea mothamahane Mantaha ho isa Labohlano feela, ho tloha hoseng hoa 09:00 ho isa mantsiboea a 07:00, mme ha ho luloe, empa hoa rekoa ho ilo noelloa hae. Ho bile ho na le lipehelo tsa likala (quantities) tse lumelletsoeng ho rekoa tse lokolisitsoeng melaoaneng e tlang ho phatlalatsoa; le

8. Ho kenyeletsa mehato e meng e tlang ho lokolisoa melaoaneng e tlang ho phatlalatsoa.

Matona a mafapha a amehang a kenyeletsang la Thuto, la Bohahlauli le amang mmoho le Letona la Bophelo ka sehlohlolong le bookameli ba NACOSEC batla hlaha liealemoeng ho hlahlolla le ho hlakisa ka botebo lipehelo tsohle tse kentsoeng tšebetsong.

Sechaba sa heso,

Ha ke fera ke re, re se re ikholisitse hore ha re latela mehato ea boipaballo re akofisa polokeho ea maphelo ka bongata mmoho le ho theola sekala sa tšoaetsano le sekhahla sa tšoaetso, mme sena se refa monyetla oa ho theohela maemong a tlase a mehato ea hokhinoa hoa litšebeletso le likhoebo le ho fana ka monyetla e atolohileng ea ho phela. Ka hona ke ipiletsa ho Basotho le bohle beo re phelisanang mmoho le bona ka hara naha ena ea habo rona ho latela mehato eohle e 'maleng ona o perese e le ho laola le ho loantša ho nama hoa kokoana-hloko ena e sita le ho sebeletsa ho theoha hoa sekhahla sa tšoaetso re tle re boeleng haufinyane re khone ho theohela maemong a tlase ho feta mona a tlokotsi.

KHOTSO PULA NALA