



**POLELO EA MOHLOMPHEHI TONA-KHOLO, DR. MOEKETSI
MAJORO, MABAPI LE BOEMO BA COVID-19 'MOHO LE NYEHLISO EA
TSE LING TSA LITŠEBELETSO LE METSAMAO LE MEHATO EA
POLOKEHO E LOKELANG HO NKUOA KA HAR'A NAHA**

27 LOETSE 2020

Mohlomphehi Tonokholo, Dr Moeketsi Majoro, o tsebisa sechaba sohle ka boemo boo seoa sa kokoana-hloko ea corona (COVID-19) se seng sele ho bona ka hare ho naha, le qeto ea 'Muso ea ho bulela tse ling tsa litšebeliso le metsamao, 'moho le mehato ea boipaballo e lokelehang e tlang ho kenngoa tšebetsong.

Sena se tla kamor'a hore 'Muso o sebelise *Semetho sa ho Lepa Tlokotsi ea COVID-19 le Mehato ea Boipaballo* (COVID-19 Risk Determination & Mitigation Framework) e le ho tataisa liqeto tsa taolo le toantšo ea seoa sa kokoana-hloko ea COVID-19, moo re seng re fihletse tse latelang:

- i. thakholo ea tšebeliso ea *Semetho* sena ka la 17 Phupu moo se ileng sa lepa boemo ba tšoaetso ea COVID-19 hoba sekaleng sa $R_0=2.04$, 'me sa beha naha mokhahlelong oa bone (4) oa tlokotsi ea tšoaetso le mehato ea boipaballo ho 'mala oa **lamunu** (Low Community Transmission Stage);
- ii. ho etsa boitlhatlhobo khetlo la bobeli ka la 20 Phato ka *Semetho* sena moo se re fileng ho tloha sekaleng sa $R_0=2.04$ mokhahlelo oa **lamunu** ho thehela ho $R_0=1.27$ mokhahlelong oa bobeli (2) oa **boputsoa** (Sporadic Cases Stage) ha ho sebelisoa sekala se le seng. Le ha hole joalo, e itse ha sekala sena se bekhoa 'moho le maemo a naha a fokolang a litšebeliso tsa bophelo (Health System) le tatello ea bophelo bo botle (Public Health Surveillance) 'Muso o ile oa etsa qeto ea ho beha naha mokhahlelong oa boraro (3) oa **bopherese** (Clustering Infections Stage).

Ke ka mora khoeli joale naha e boela e itlhlahloba hape khetlo la boraro, ho lepa na e kaba re se re le boemong bofe ba tlokotsi ea tšoaetso ea COVID-19 le hore na re ka sebelisa mehato e mokhahlelong ofe oa boipaballo. Ka mora boitlhlahlobo bona, *Semetho* se re file tse atelang:

i. Boemo ba kokoana-hloko ea COVID-19 ka hara naha

Lipalo-palo tsa naha tsa tšoaetso ho fihlela ka Labohlano la 25 Loetse papisong le lipalo-palo tsa nako e fetileng:

Lintlha	16/Phupu	19/Phato	25/Loetse	Phapang	%
1. Kakaretso ea lihlahlobo	7, 432	12, 682	18, 322	5, 640	0.4
2. Tse bileng le tšoaetso	359	996	1, 958	562	0.6
3. Ba folileng	69	472	797	325	0.7
4. Ba hlokahetseng	6	30	35	5	0.2

Lipalo-palo tsena li fana ka tšobotsi e latelang ea seoa sa COVID-19 ka hara naha:

1. sekhahla sa tšoaetso le tšoaetsano ea kokoana-hloko se nyoloha ka tsela e holimo, empa sekhahla sa mafu a bakoang ke kokoana-hloko ena sona se theohile;
2. tšoaetso e ngata haholo ho batho ba kenang kahare ho naha haholo Basotho ba tsoang Afrika Boroa ba kena ka khoroana tsa matsa, 'me e tlisa menyetla e meholo ea tšoaetsano metseng le metsaneng ea rona;
3. lehoja setereke sa Maseru se ntse sele ka holimo-limo ka litšoaetso tse 541, empa sa Qacha'snek se nyoloha ka sekhahla se menahaneng ho fetisisa tse ling ho tloha ho tšoaetso tse 38 ho ea ho 208 kajeno ka ha e le moo ho kena ka khoroana tsa matsa ho phahameng haholo;

4. setereke sa Thaba-Tseka se ntse se le ka tlase-tlase ka litšoaetso tse 16 ho tloha ho tse 12 nakong e fetileng.
5. tšoaetso e ntse e phahame ka ho fetisisa ho basali ka sekahla sa 53% papisong le banna ka 42%, 'me boholo ba batho ba nang le tšoaetso e ntse e le ba mahareng lilemong tse 21 ho isa ho 50;
6. sekala sa tšoaetso se nyolohile ho tloha ho $R_0=1.27$ eo re neng re ntse re le ho eona 'me se ile ho $R_0=1.45$ ha joale. Sena se ntse se re beile ho boemo ba tlokotsi ea tšoaetso le tlhokahalo ea mehato ea boipaballo e ntseng e tšoana ea **bophere**, ka lebaka la maemo a naha a litšebeletso tsa bophelo (Health System) le tatello ea bophelo bo botle (Public Health Surveillance) ao le hoja a ntlafetse a ntseng a eso tsitse ho ka loantša seoa sena sa COVID-19.

ii. Liqeto tsa pulo ea tse ling tsa litšebeletso le metsamao 'moho le ho kenya tšebetsong mehato ea boipaballo e lokelang

Sechaba se elellisoa hore naha ea Afrika Boroa e phatlalalitse pulo ea maliboho a eona ho tloha ka Labone, la 1 Mphalane 2020. Qeto ena, le ha e le molemong oa rona lehlakoreng la nolofalo ea ho tsamaea le tlhabollo ea moruo tsamaisong ea thepa e kenang le etsoang, e boetse e re tlišetsa tlokotsi ea ho nyoloha hoa lipalo tsa batho ba batlang ho kena le ho tsoa ka hara naha ba etsoa linaheng tse nang le lipalo-palo tse holimo tsa tšoaetso ea COVID-19, e tsamaeang le menyetla ea sekahla se holimo sa tšoaetso e hlahang ka ntle; 'moho le khatello ho boikarabello ba 'Muso le bokhoni ba naha ba ho etsa litlhahlobo tse sebelisoang ho laola ho jaleha le ho ata hoa tšoaetsano ea kokoana-hloko ena ka hara naha.

Le ha hole joalo, 'Muso o etse hloko ka matla bohlokoa ba ho hlabolla moruo 'moho le ho tsoela-pele ho ntšetsa pele mehato ea ho loantša ho nama le ho ata hoa kokoana-hloko ena ea COVID-19 e le tšireletseho ea maphelo a sechaba. Ka lebaka lena, Tonakholo o phatlalletsa sechaba hore 'Muso o nkile qeto ea ho bula tse ling tsa litšebeletso le metsamao tlasa mehato ea boipaballo e ntseng e le ho mokhahlelo oa boraro 'maleng o **pherese**, feela o ntlafalitsoeng. Sena se etsoa e le hona ho hlabolla moruo 'moho le ho netefatsa tšireletseho ea maphelo a sechaba khahlanong le ho nama le ho ata hoa kokoana-hloko ena ka hara naha ea habo rona.

Tonakholo ka hona o phatlalatsa hore litšebeletso le metsamao e latelang, li tla kenyeletsoa ho buloeng tlasa mokhahlelo oa 'mala o pherese, ho tloha ka Labone la 01 Mphalane 2020, ka lipehelo tsa polokeho tse lokelang 'me tse hoketsoeng ka tsela e latelang:

1. Pulo ea maliboho ka lipehelo tsena:

- i. **Ho tsoela ka ntle ho naha** ho tla buleloa feela mekhahlelo e latelang: bakuli moo mokuli kamong a lumelletsoeng ho tsamaea le bafelehetsi ba sa feteng bobeli (2), basebetsi ba nang le litokomane tsa molao tse ba lumellang ho sebetsa kante ho naha, baithuti, bo-rakhoebo le batho ba nang le litlhoko tse ikhethang tse tla hlahlojoa. Litlhahlobo tsa 'muso li tla etsetsoa feela bakuli le bafeheletsu ba babeli, ha mekhahlelo ena emeng e tla itefella tlhahlobo litsing tse ikemetseng, 'me ba tla fumantšoa certificate se lokelang hore se be se le ka hara nako ea lihora tse 72 pele ba tšela.
- ii. **Ho kena ka hara naha** ka mekhahlelo le lipehelo tsena:

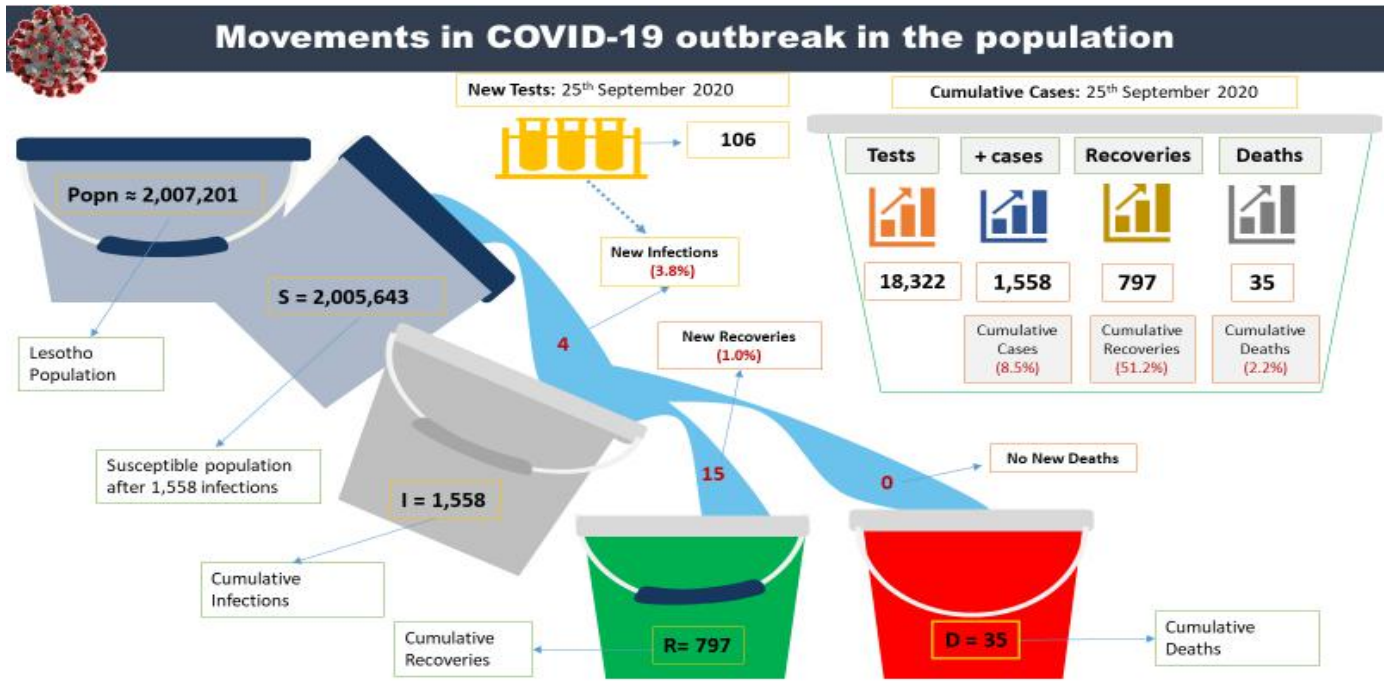
- ***Basotho ba khutlelang ka hara naha ka mora ho tsamaea nakong e sa feteng matsatsi a supileng (within 7 days)*** ba tla fana ka tokomane ea tlhahlobo ea COVID-19 eo motho kamong a e ileng a e etsa Lesotho 'me a e fuoa ha ane a tšelela kante ho naha, hape a nkoa mocheso ka borokhong. Ha motho ea joalo a sena matšoao a tšoaetso a COVID-19, o tla lumelloa ho feta ho ea ipoloka hae (self-quarantine), empa ha ana le matšoao o tla isoa 'isolation' ho ea etsoa liteko tsa COVID-19.
- ***Basotho ba khutlelang ka hara naha ka mora ho tsamaea nakong e fetang matsatsi a supileng (more than 7 days)*** ba tla nkoa mocheso le ho hlahlobeloa COVID-19, 'me ba senang tšoaetso ba lokolloe ho ea malapeng, ha ba nang le tšoaetso ba tla isoa 'isolation'.
- ***Batho-bao-eseng-Basotho ba kenang ka hara naha*** ba tla fana ka tokomane ea tlhahlobo ea COVID-19 ea naha eo motho ka mong a tsoang ho eona, ea nako e sa feteng lihora tse 72 e pakahatsang hore ha ana tšoaetso. 'Me motho ea phethahalitseng sena o tla lumelloa ho kena ka hara naha, empa ba senang tokomane e joalo, batla etsoa tlhahlobo ea COVID-19 ba itefella. Ba fumanoang ba sena tšoaetso ba tla lumelloa ho kena, ha ba nang le tšoaetso batla isoa 'isolation' ba itefella litjeo tsohle.

2. **Nyehliso ea pulo ea mabenkele a rekisang lijo (Restuarants & Fast-foods)** ka hore bareki ba lumelletsoe ho lula ba jella libakeng tse joalo. Lihora tsa tsebetso tse lumetsoeng ka molao ke 08:00 hoseng ho fihlela 21:00 mantsibuea, tlasa lipehelo tse tla amoheloa, ho phatlalatsoa le ho kenngoa tšebetsong. Le ha ho le joalo, litamene (night clubs) li ntse li koetsoe.
3. **Nyehliso ea ho bulela lipapali ka kakaretso tse bapalloang ka ntle** ka hore e be feela tse bapalloang kantle, li seke tsa eba le babuhi, 'me ebe libapali, batsamaisi le basebeletsi feela ba sa feteng lekholo (not more than 100).
4. **Ho buloa hoa likolo** ka ho ipapisa le lipehelo tse amohetsoeng ho tsoa Lekaleng la Thuto.
5. **Ho buloa hoa litsi tse phahameng tsa thuto** ka ho ipapisa le lipehelo tse amohetsoeng ho tsoa Lekaleng la Thuto.
6. **Ho buloa hoa litsi tsa boikoetliso (Gyms/fitness centres)** ka hore ebe feela moo ho ikoetlisetsoang kantle ke batho ba sa feteng lekholo (not more than 100).
7. **Ho buloa hoa libaka tsa ho-phomola le boithapollo (Parks and Recreational Facilities)** ka ho ipapisa le lipehelo tse tla amoheloa, ho phatlalatsoa le ho kenngoa tšebetsong.
8. **Ho buloa hoa mekete le boithabiso ba 'mino (Music events and entertainment)** ka ho ipapisa le lipehelo tse tla amoheloa, ho phatlalatsoa le ho kenngoa tšebetsong.

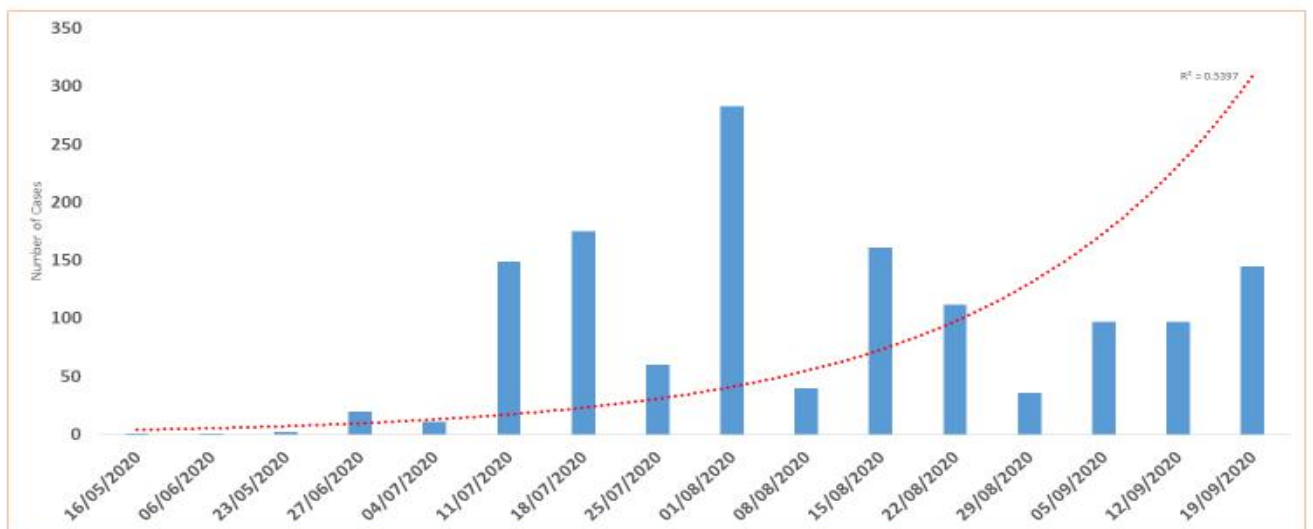
Nyehliso ena 'moho le lipehelo tsa eona li tla phatlalatsoa ka melaoana e ntlafalitsoeng ea *Semetho sa ho Lepa Tlokotsi ea COVID-19 le Mehato ea Boipaballo* (COVID-19 Risk Determination & Mitigation Framework) 'moho le manollo liea-lemoeng ka Matona a amehang le liofisiri tsa NACOSEC.

Polelo ena e phetheloa ka ho boela re hopotsa sechaba hore re tla una molemo oa nyehliso ena ha fela re e atamela re ntse re etse hloko ho ipaballa khahlanong le tšoaetso ea COVID-19. 'Me ke ka ho ikobela lipehelo le methati eohle ea boipaballo, emong le emong ka bomong ba hae, re le malapa, metsoalle, basebetsi 'moho le sechaba ka kakaretso metseng le metsaneng ea rona re tlang ho atleha ho qoba tšoaetso, ho theola sekhahla le ho beha taolong tšoaetso le tšoaetsano ea kokoana-hloko ena.

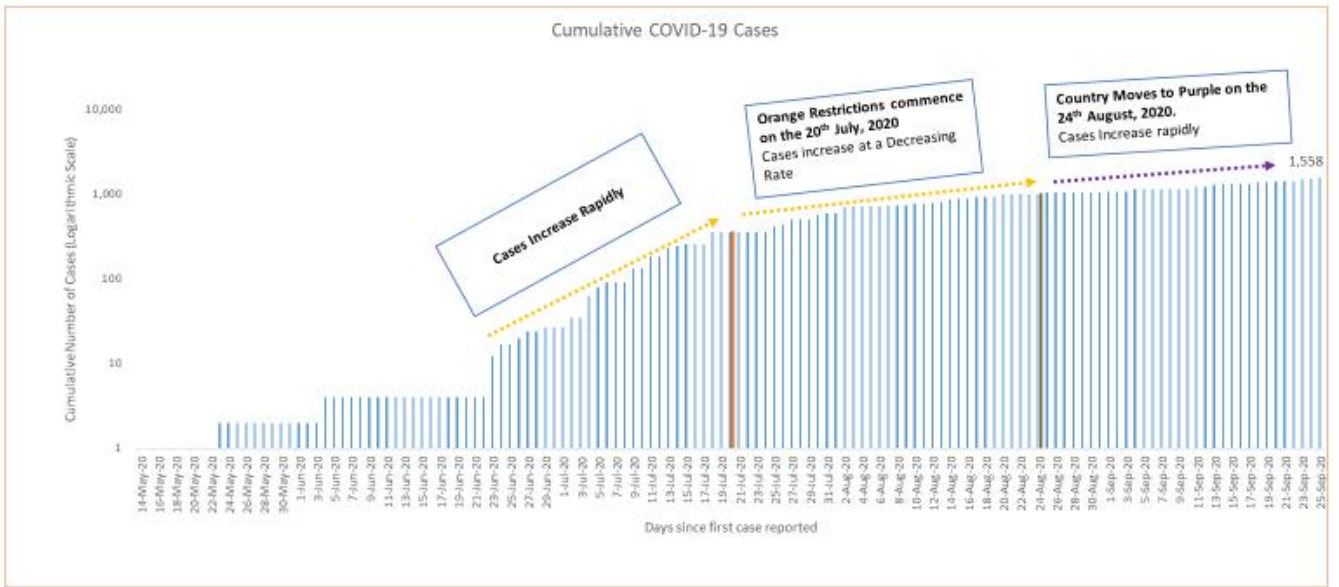
Annex: Manollo ea Boemo ba tšoaetso ea COVID-19, pulo ea tse ling tsa litšebeletso le metsamao le mehato ea boipaballo



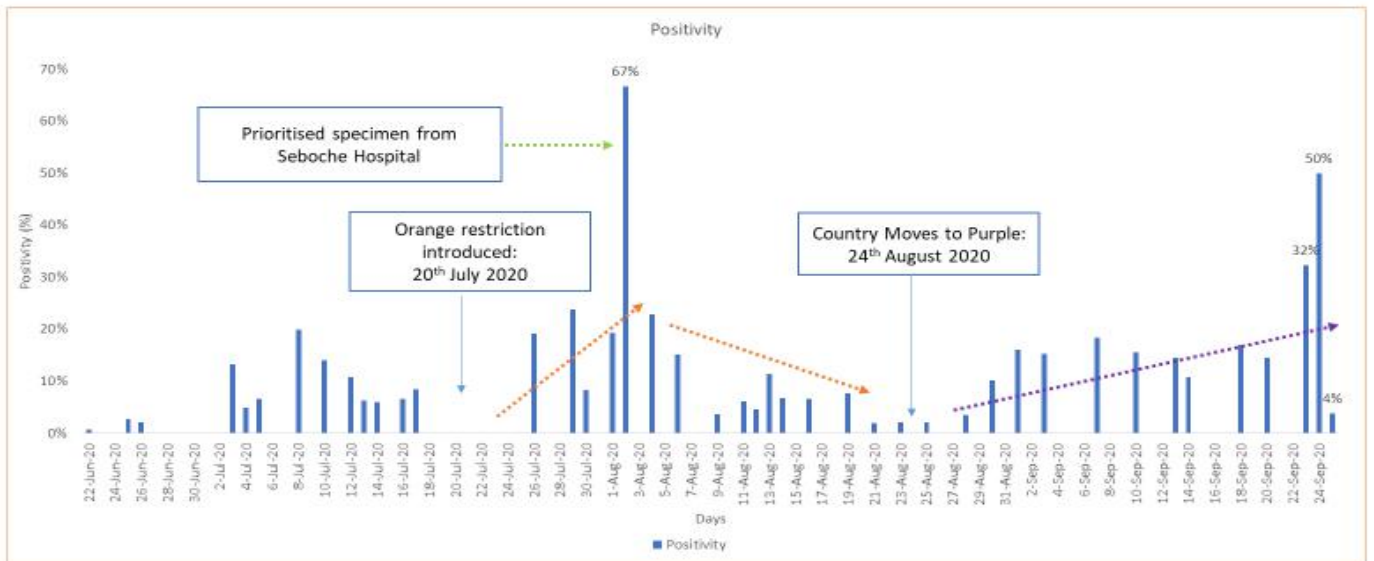
New cases per week



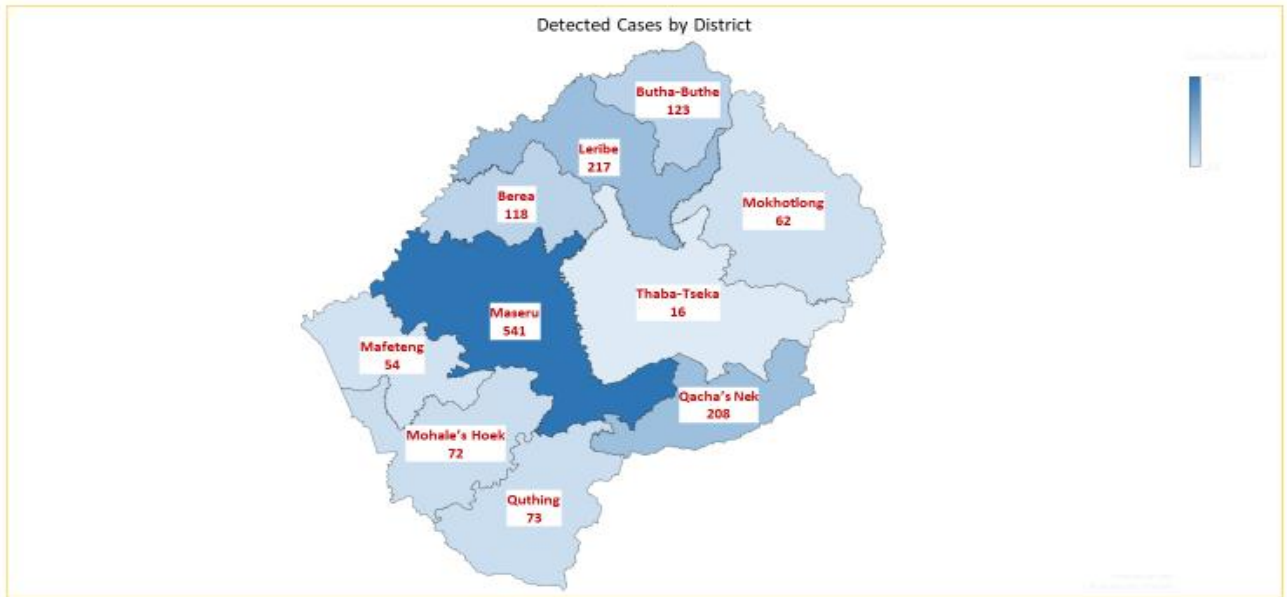
Cumulative cases



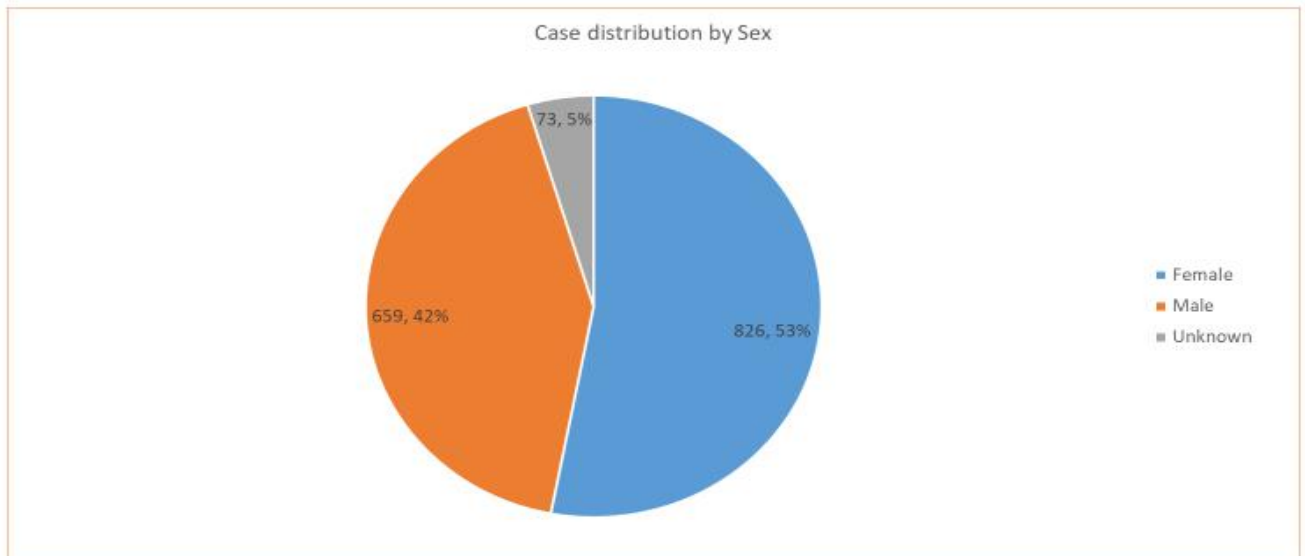
Positivity



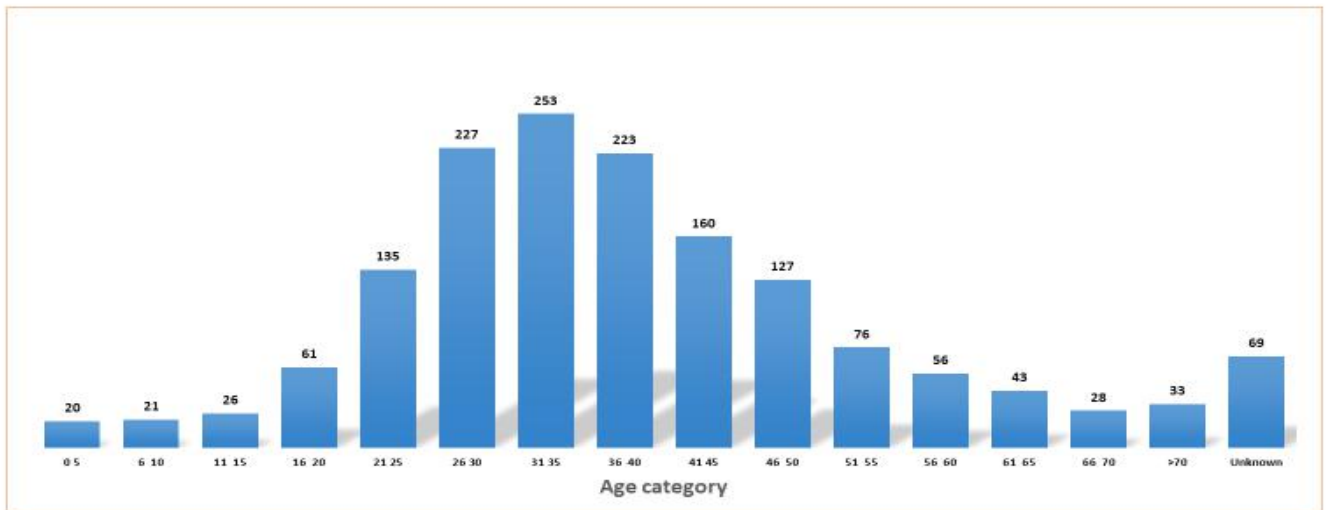
Cases by Districts



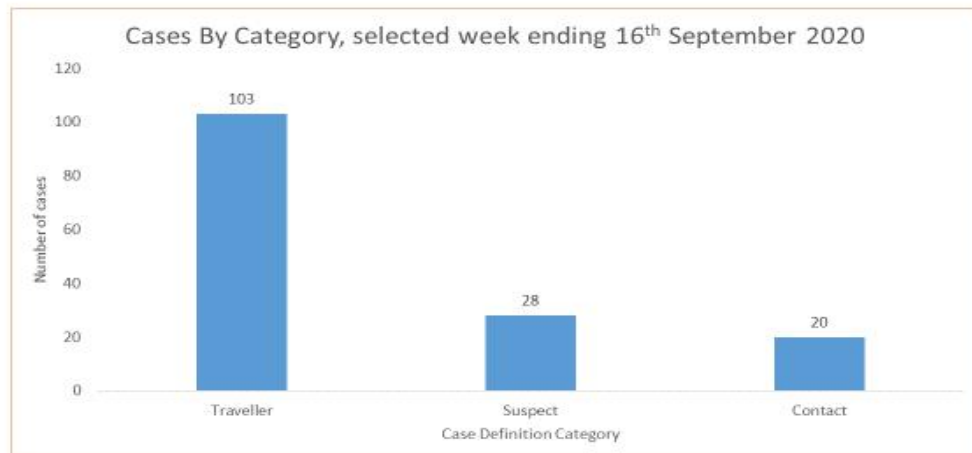
Cases by Gender



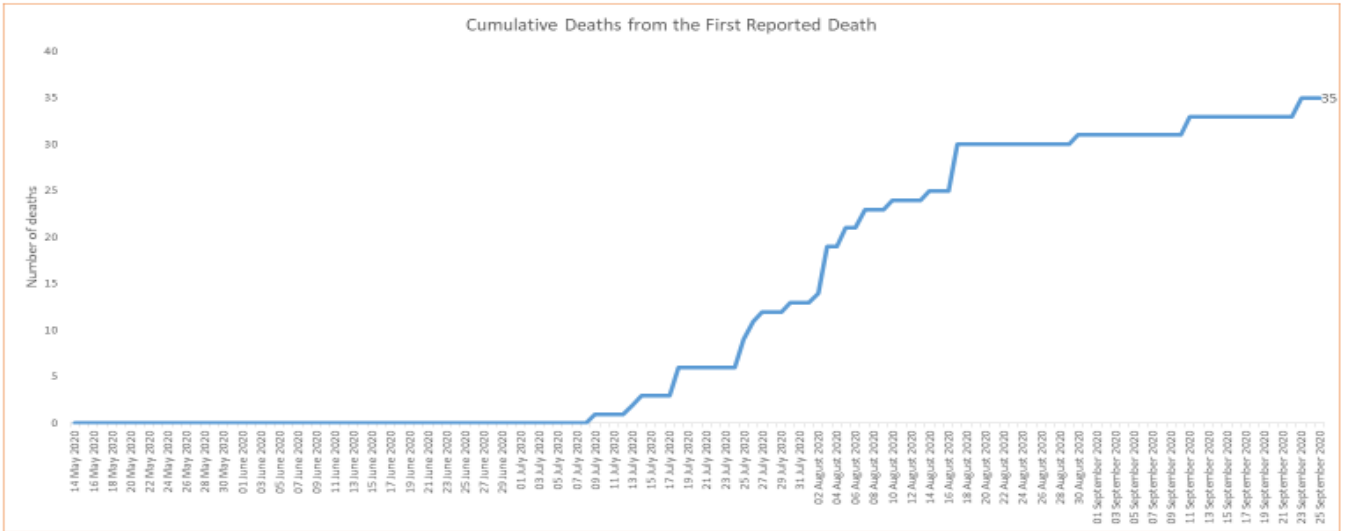
Cases by Age Category



Cases by Category



Cumulative Deaths



Where people are being tested

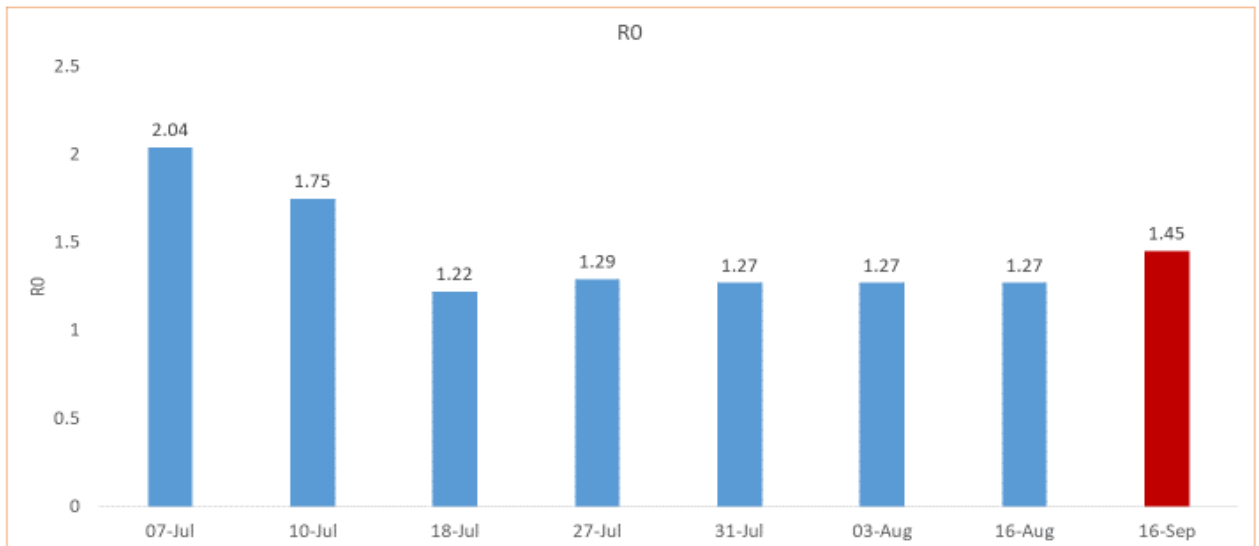


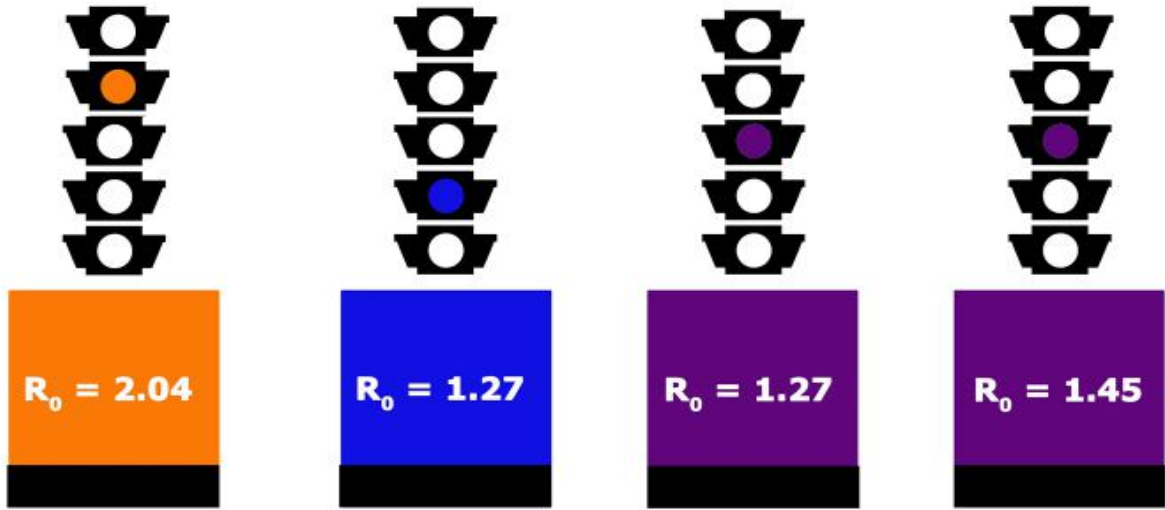
The size of the word indicates its frequency

Collection site for positive cases



The Basic Reproduction Number (R0)





Guideline

- Robot Stage Green: $R_0 < 1$
- Robot Stage Blue: $1 < R_0 < 1.5$
- Robot Stage Purple: $1.5 < R_0 < 2$
- Robot Stage Amber: $2 < R_0 < 2.5$
- Robot Stage Red: $R_0 > 2.5$



Opening of Borders

1st October
2020



NACOSEC
NATIONAL COVID-19 SECRETARIAT

CATEGORIES OF TRAVELLERS

- **Patients plus 2 accompanying adults**

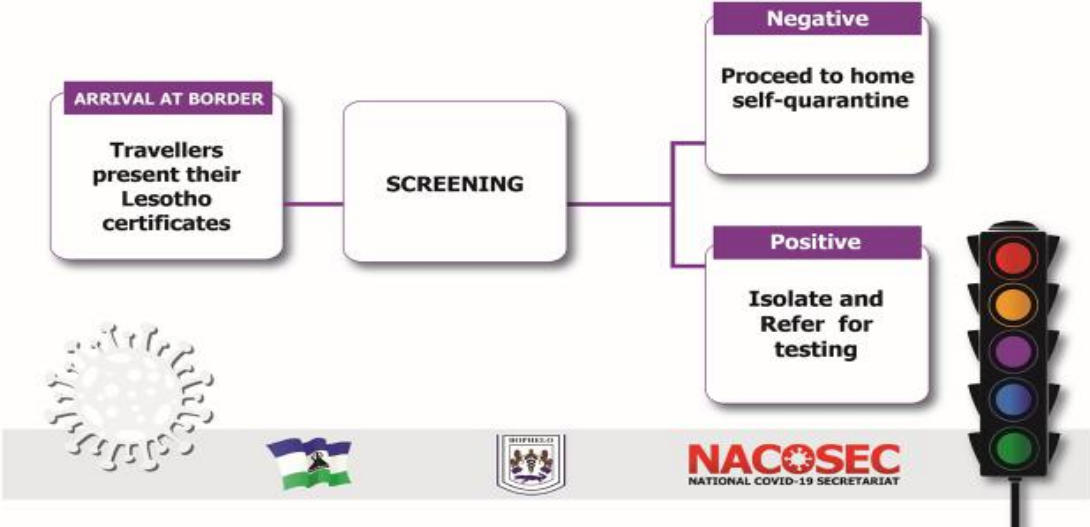
- **Business travellers**
- **Students**
- **Migrant workers with permits**



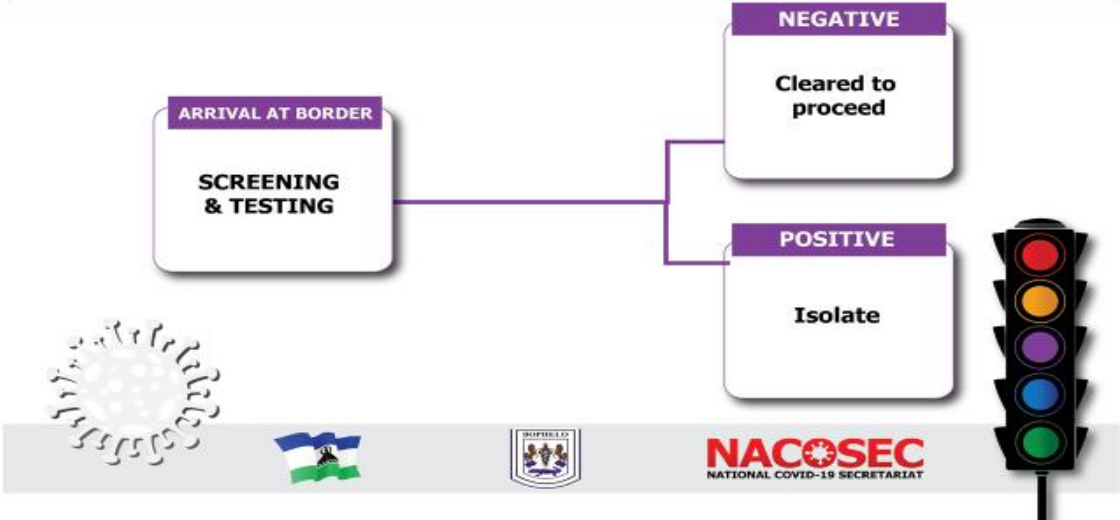
NACOSEC
NATIONAL COVID-19 SECRETARIAT



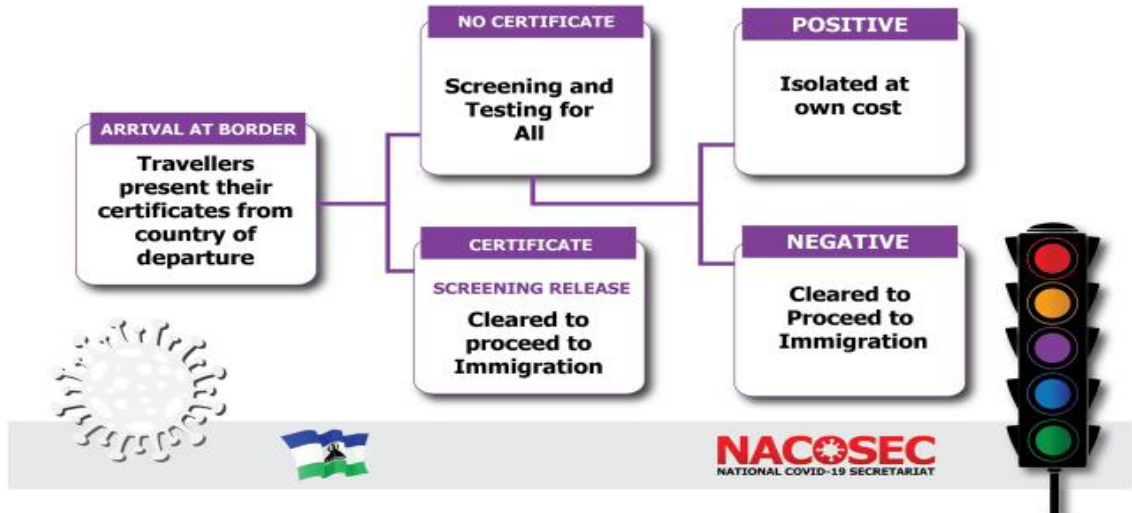
BASOTHO RETURNEES PROCESS RETURN TO LESOTHO WITHIN 7 DAYS



BASOTHO RETURNEES PROCESS DEPARTURE AND RETURN TO LESOTHO AFTER 7 DAYS



NON-BASOTHO ARRIVAL PROCESS



RESTAURANTS

- Open for Sit In
- From 8am to 9pm
- Subject to approval of standard Guidelines

The 'RESTAURANTS' section features a circular icon with a fork, knife, and spoon. The text specifies that restaurants are open for sit-in from 8am to 9pm, subject to standard guidelines. The footer includes the Botswana flag, the Botswana coat of arms, the NACOSEC logo (National COVID-19 Secretariat), and a traffic light icon.



SPORTS



- Outdoor sports
- No spectators
- Not more than 100 people



SCHOOLS



- Open in line with the Ministry of Education Guidelines.





INSTITUTIONS OF HIGHER LEARNING



- Open in accordance with Risk Mitigation Framework.



GYMN/FITNESS CENTRE



- Outdoors/Open space
- Not more than 100 people





PARKS AND RECREATIONAL FACILITIES



- **Open subject to approval of standard guidelines**



EVENTS & ENTERTAINMENT



Open Subject to Guidelines to be issued